Vedas are the most ancient source of different streams of knowledge that includes the knowledge of physiology, different diseases, their causes and symptoms and their curing methods as well. One can find the oldest possible records of the investigating agencies of human body, its illness and treatment which embodies the description of medicinal values and uses of different plants, various surgical instruments, proper uses of water, food, grains etc. This paper is an attempt to evaluate this reservoir of ancient knowledge of medical sciences.